

SLEEPING CHILDREN POLICY

BABIES

The babies sleep in prams outside in the purpose built baby pavilion which is situated in the nursery garden. Each baby has his/her own named pram and individual bedding. The bedding is washed each week. The hoods of the prams are put up against the wind and an insect net is always used to protect the babies from cats, flies, wasps, bees etc. The babies are always secured in reins. Their comforter is given if required.

Staff ensure babies are dressed appropriately for the temperature outside.

The Nursery policy is to place all babies on their backs unless a written indication to the contrary has been provided by the parent. This letter is kept on file in the Duckling Room and a note made on their individual pram books.

An individual note book is kept on each pram and staff always record the following details:

- the name of the baby
- the date
- the time the baby is placed in the pram
- that the reins are secure
- which staff member has put the baby to sleep
- whether they are awake or asleep

Staff regularly check at ten minute intervals that the baby is breathing, comfortable and generally well. When babies are asleep a staff member will be present in the pavilion at all times to record checks and ensure the baby's safety at all times. If only one baby is ready to sleep their pram will be moved to reception to be observed by the Manager, Deputy or Administrator. Once more babies are ready to sleep, then that individual will be moved to join the rest of the babies and the Duckling room staff member in the pavilion.

CHILDREN AGED FROM 1 TO 5 YEARS

This age group of children sleep on individual bed mats in their base rooms. Each child has his/her own named bed and individual bedding. The bedding is laundered each week. The bed mats are wiped with sanitizer spray at monthly intervals and a record made.

Base Room staff assist the children to sleep and monitor them until they wake up. A record is made of the time and length of each child's sleep. The children are given their comforter if required.

Any child who does not sleep is encouraged to first rest with the other children and then is able to get up.

The nursery recognises the UNCRC 'right to rest' and there will be no limit to the under 2's, who should have a minimum of 1.5 hours sleep.

The original policy was adopted at the Staff Meeting in May 2000 and was adopted by the Nursery Management meeting held in May 2000. It was reviewed and updated in April 2015.

Signed on behalf of Nursery:

Last review date: April 2015

Next review date: April 2016